

**Stynke Castelein** is professor of recovery from severe mental illness at the University of Groningen, Faculty of Behavioural and Social Sciences and head of the research department at Lentis Psychiatric Institute, Groningen, The Netherlands.

Her research focuses on clinical, societal and personal recovery in people with severe mental illness, especially psychotic disorders. Her first line of research consists of clinical research/intervention studies in daily mental health practice. She currently leads research projects concerning: therapeutic alliance, peer support and skills training, clinical decision tools, psychosis risk calculator, lifestyle, oral health, negative symptoms, personalized sustainable recovery in depression, and validation studies on (new) recovery outcome measures.

Her second line of research line includes epidemiological studies in which, for example, the course of recovery and its predictors are studied (in first episode psychosis as well as in people with severe mental illness). Her aim is to reflect the natural variability of recovery in a clinically meaningful way by analysing clinical, societal and personal recovery simultaneously, and by examining their mutual relations and changes over time. Other epidemiological studies examine among others the relationship between cannabis use and quality of life and the relationship between satisfaction with social connectedness and negative symptoms.

She is a board member of the Dutch Quality Alliance for Mental Health (AKWAGGz), participates in guideline development and co-authored the Dutch Guideline for Schizophrenia (2005 and 2012) and the Clinical Care Standard for Psychosis (2017). Since 2019, she is the new secretary of the ENMESH board.