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Mike is Professor of Mental Health Recovery and Social Inclusion at University of Nottingham. His main research interests are recovery-focused and outcome-focused mental health services, including Recovery Colleges, lived experience narratives, citizenship, wellbeing, needs assessment and developing measures, e.g. INSPIRE, Camberwell Assessment of Need, Threshold Assessment Grid. He has written over 300 academic articles and published 14 books, including *Personal Recovery and Mental Illness* (2009), *Partnering for Recovery in Mental Health* (2014), *Positive Psychotherapy for Psychosis* (2017), *Wellbeing, Recovery and Mental Health* (2017) and *Camberwell Assessment of Need, 2nd edition* (2020). His 15 free booklets include *Making Recovery a Reality* (2008), *REFOCUS: Promoting recovery in community mental health services, 2nd edition* (2011), *100 Ways to Support Recovery, 2nd edition* (2013), *The empirical evidence about recovery* (2015) and *The Business Case for Recovery* (2017), all downloadable at researchintorecovery.com.